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## EDUCATION

05/12

### **Master of Social Work**

University of Central Florida, Orlando, Florida  
School of Social Work, *CSWE Accredited*

05/10

### **Bachelor of Arts**

Michigan State University, East Lansing, MI  
Honors: Academic Scholars Program  
Major: Chemistry

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## PROFESSIONAL EXPERIENCE

### **University of Central Florida**

Orlando, FL

8/16- Present

#### ***Visiting Instructor***

- Teach graduate level core and elective curricula in the Social Work Program.
- Assist in planning and development of trainings and CEU events.

8/15- 8/16

#### ***Adjunct Faculty***

- Teach graduate level core curricula in the Social Work Program.

### **Devereux Florida**

Orlando, FL

9/15 - Present

#### ***Therapist/Clinician***

- Provide home-based Trauma Focused – Cognitive Behavioral Therapy to minor and adult victims of sexual exploitation as part of the outpatient DELTA Program.
- Complete required documentation including treatment plans, biopsychosocial assessments, weekly progress notes, and discharge plans.
- Conduct evidenced based assessments utilizing tools including TSCC, CFARS/FARS, and CBCL to monitor treatment progress and develop clinical diagnoses consistent with the ICD 10/DSM-5 coding.
- Maintain Electronic Medical Health Record including payor information for funding purposes and facilitating billing for clients within the program.
- Represent agency in the community by conducting trainings, giving presentations, networking with other providers and raising awareness of Commercially Sexually Exploited Children.

### **Florida Abolitionist, Inc.**

Orlando, FL

6/14- 8/15

#### ***Director of Victim Services/Victim Advocate***

- Develop and implement Victim Services Program including clinical procedures, creating and maintaining clinical documentation forms, creating training manuals, and protocols for responding to crisis situations.
- Provide victim advocacy, crisis intervention and long-term comprehensive case management to minor and adult survivors of human trafficking and physical violence.
- Provide trainings and act as guest speaker for community agencies and law enforcement agencies.
- Create Memorandum's of Understanding with collaborating agencies of the Greater Orlando Human Trafficking Task Force.
- Collaborate with State Attorneys, Law Enforcement agencies, Counseling services and other resources in the community to provide comprehensive care to survivors.
- Accompany victims to court hearings, and depositions, providing emotional support and debriefing.
- Provide clinical supervision to BSW and MSW Social Work Interns and Victim Advocates.
- Oversee program evaluation and quality of programming by reviewing documentation submitted by Victim Advocates.

**The Chrysalis Center/HSA, Inc.**

Orlando, FL

6/12-12/12, 6/13-12/13, ***Outpatient Therapist***

4/14-6/14

- Provided home-based therapy to diverse populations of children, adolescents, adults, families and couples.
- Common issues include physical and sexual abuse or trauma, attention disturbances, substance use disorders and mood disorders, psychotic disorders and anxiety disorder.
- Maintained caseload of approximately 40 clients
- Completed required documentation including treatment plans, biopsychosocial assessments, weekly progress notes, and discharge plans.
- Conducted evidenced based assessments utilizing tools including PERF, CFARS/FARS, and ASAMS to monitor treatment progress.
- Maintained files according to quality assurance standards and complete Medicaid billing as required.

9/13-4/14

***Residential Therapist***

- Provided mental health services according to trauma informed care curriculums in a therapeutic group home setting to adolescent female survivors of sexual trauma and trafficking ages 15-17.
- Developed and continuously modify personalized Treatment Plans to coordinate the delivery of Psychosocial Rehabilitative Counseling and Trauma Informed individual therapy according to Medicaid Practice Standards.
- Facilitated in-service trainings to assist staff in developing knowledge and skills necessary for the delivery of services.
- Responsible for the maintenance of Medication Administration log and Medication Incident reports according to practice standards and policies.
- Collaborated with Guardian Ad Litem, Attorney Ad Litem, Dependency Case Managers, Juvenile Probations Officers, School Personnel, Mentors, and Child Advocates to ensure coordination of care.
- Manage insurance authorizations for Psychosocial Rehabilitative Services and Therapeutic Behavioral On Site Services (TBOS) through Magellan.

**Alcohol and Other Drug Intervention Center**

Orlando, FL

8/11-4/12

***Interventions Provider Intern***

- Conducted screenings with evidenced based assessments and incorporated theoretical frameworks to build rapport and elicit client information.
- Completed psychosocial assessments with clients and brief alcohol and marijuana intervention services averaging 3-8 sessions.
- Participated in multi-disciplinary staffing each week to determine appropriate level of care and ongoing treatment planning.
- Identified high risk situations and responded by making appropriate referrals for crisis interventions.
- Participated in community outreach by conducting rapid alcohol screenings on University of Central Florida's campus.

**Addictions Receiving Facility**

Orlando, FL

5/11-6/12

***Case Manager***

- Same responsibilities listed below as a Graduate Intern, in addition to the following:
- Communicated with the client's family, probation officer, Juvenile Probations Officers, ARF Psychiatrist, DCF Case Managers, substance abuse treatment facilities and other social service agencies to include them in the assessment process and advocate for client's access to services.

- Crisis intervention and short term counseling when clinically appropriate with clients and family.
- Coordinated the client's discharge as determined by the client's status and needs as well as court availability for Marchman Act clients.

09/10-5/11

***Graduate Intern***

- Conducted psychosocial interviews with clients.
- Conducted parental interviews with the caregivers of clients.
- Facilitated therapeutic groups with clients, focusing on anger management, self esteem, and decision making skills.
- Developed individual intervention and group therapy models and associated training materials.
- Revised assessment forms based on evidence-based practices in motivational interviewing, and brief therapies and interventions for adolescents.
- Presentations in community raising awareness about adolescent substance abuse and its effects on family systems.

**To Write Love On Her Arms, Inc.**

Cocoa, FL

06/09-08/09

***Intern***

- Counseled people struggling with addiction and mental health issues.
- Developed project on spreading awareness in coffee shops and delegated tasks to others for assistance in project.
- Helped rewrite intern-training manual on cultural sensitivity and professional boundaries.
- Wrote letters for corporate sponsorships and grants.
- Managed and compiled intern projects for presentation to staff.

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**HONORS, AWARDS AND PROFESSIONAL RECOGNITIONS**

UCF Alumni 30 Under 30 Award Honoree (2015)

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**TEACHING EXPERIENCE**

SOW 5404 - Social Work Research  
 SOW 6756 - Forensic Social Work  
 SOW 5015 - Human Behavior and the Social Environment  
 SOW 6348 – Clinical with Individuals

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**INVITED PRESENTATIONS**

***Guest Lecturer***

6/9/2015, 9/23/2014

MHS 6470 – Human Sexuality and Relationships Class

- Spoke to UCF graduate level mental health counseling students on the psychology behind victims of trafficking and clinical interventions.

***Presenter***

6/4/2015

UCF/Valencia College Joint Human Trafficking Seminar

- Trained criminal justice majors and law enforcement on victim mindsets, indicators of trafficking and trauma-informed approach to interacting with victims.

***Presenter***

5/26/2015

Life and Work Solutions, Inc.

- Trained counselors on trauma-informed care with victims of trafficking and how to respond as a clinician.

***Panel Speaker***

4/15/2015

Hispanic Bar Association of Central Florida

- Panel discussion on trafficking in Central Florida and the response of service providers.

- Presenter** 3/5/2015  
 Florida Council on Crime and Delinquency Training
- Trained corrections officers and probation officers on human trafficking and how to recognize human trafficking victims.
- Interview** 2/27/15  
 Know Your Rights TV Show
- Spoke about experiences working with victims of human trafficking and prevention measures on Orange TV (not yet aired).
- Guest Speaker** 2/5/2014  
 Phi Alpha Organization
- Spoke to UCF graduate and undergraduate level social work students on the needs of human trafficking victims in community, trauma-informed care, and social work responses.
- Presenter** 11/19/2014  
 Central Florida Anti-Human Trafficking Joint Conference
- Discussed case coordination among service providers to social service agencies in the community.
- Presenter** 11/19/2014  
 Central Florida Anti-Human Trafficking Joint Conference
- Trained law enforcement on trauma-informed interviewing and responses with human trafficking victims at FDLE (Florida Department of Law Enforcement) conference.
- Guest Speaker** 11/19/2014  
 Zeta Phi Beta Sorority
- Discussed prevention and intervention of human trafficking in the community at UCF community event to raise awareness.
- Guest Lecturer** 10/16/2014  
 SOW 4343 – Macro Level Roles and Interventions in Social Work
- Spoke to students at UCF undergraduate level social work students in regards to human trafficking background, and community responses.
- Presenter** 3/14/2014  
 Case Management Academy – Heart of Florida United Way
- Trained Service Professionals on Trauma-Informed Care and its applications to Case Management.

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## **SPECIALIZED TRAINING**

*Trauma-Focused Cognitive Behavioral Therapy Training (July 2016).* 16-hour in depth training on the utilization of Trauma Focused Cognitive Behavioral techniques in clinical therapy with children and families. Training hosted by Cenpatico Corporation. (Working towards certification).

*Dialectical Behavioral Therapy Training (March 2016).* 4 day training on Dialectical Behavioral Therapy utilization with individuals and Skills Group Training. Hosted by Tampa Bay Center for Cognitive Behavioral Therapy.

*NAPPI Certification for Therapists, Administrative and Support Staff (March 2014).* 16-hour training through the NAPPI institute focusing on Non-Abusive Physical and Psychological Interventions in crisis situations.

*Medication Administration Records Training (December 2013).* 6-hour training by Registered Nurse on administering prescription medication to clients and maintaining medication administration records.

*Trauma Focused Cognitive Behavioral Therapy (August 2013).* 10-hour training on the utilization of Trauma-Focused Cognitive Therapy techniques in clinical therapy with children and families. Training is hosted by the Medical University of South Carolina and The National Child Traumatic Stress Network.

*Sexual Trauma and Risk Reduction Treatment Training (August 2012).* A 21-hour training that provides a comprehensive look at assessment and treatment of sexual behavior problems in children and adolescents.

*HIV 500/501 training courses* (November 2011). 24-hour training through the Florida Department of Health. Focused on client-centered counseling, testing partner counseling, testing protocols, risk reduction counseling and referral service training. Training courses pre-requisites for HIV Pre- and Post-Test Counseling Certification.

*HIV Rapid Test training* (September 2011). Training in the administration of the Clearview Complete HIV 1/2, immunochromatographic blood test for HIV antibodies.

*CFARS/FARS Certified* (July 2012). Completed online training for the both the child and adult Functional Assessment Rating Scales.

*RCPI Training in Human Trafficking* (April 2011). The Many Faces of Human Trafficking. 4-hour training through the Florida Regional Community Policing Institute (RCPI) and St. Petersburg College.

*Nonviolent Crisis Intervention Certification* (November 2010). 6-hour training through the Crisis Prevention Institute conducted by Paula Lupton, LCSW, MSW.

*Suicide Prevention Training Certificate* (June 2010, Sept 2015) Question, Persuade, Refer: Gatekeeper Training for Suicide Prevention through the QPR Institute.

*Move Community Conference* (August 2009). Equipping and educating communities about depression, anxiety, addiction, self-injury, and suicide. 25-hour training conducted by Aaron Moore, LMHC and Michelle Moore, LMHC.

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## RESEARCH EXPERIENCE

### Dr. Bruening's Research Group

Michigan State University

01/08 – 05/09

#### *Undergraduate Research Assistant*

- Performed experiments; trained on usage and maintenance on data collection instruments.
- Wrote up results in article format.
- Analyzed and interpreted quantitative and qualitative data using Excel and other statistical programs.
- Conducted internet research and literature reviews using LexisNexis, SciScholar and other journal databases.

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## VOLUNTEER EXPERIENCE

### To Write Love On Her Arms, University of Central Florida

Orlando, FL

10/10-5/11

#### *Graduate Advisor*

- Guided officers of the "To Write Love On Her Arms" UCF University Chapter as they planned to launch the chapter in Spring 2011.

### Sparrow Behavioral Health

East Lansing, MI

05/10 - 08/10

#### *Substance Abuse Educator*

- Assisted substance abuse technician in selecting patients with co-occurring mental disorders and addictions that would benefit from attending group.
- Facilitated substance abuse and addictions psychoeducational groups with clients.

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## PROFESSIONAL ORGANIZATIONS

Victim Services Coalition - *Agency Representative*

1/2015 – 8/2015

Greater Orlando Human Trafficking Task Force - *Agency Representative*

6/2014 – Present

University of Central Florida Social Work Alumni Association - *Active Member*

5/2012 – 5/2013

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## LICENSES AND CERTIFICATION

Licensed Clinical Social Worker  
SW13042

Expiration Date: 3/31/2017