

KRISTEN COUPER SCHELLHASE, EdD, LAT, ATC, CSCS

Kristen.schellhase@ucf.edu

EDUCATION

- 2004-2009 **University of Central Florida**
Doctor of Education, Curriculum and Instruction
- 1996-1997 **The University of Virginia**
Master of Education
NATA accredited athletic training graduate program
- 1992-1996 **Pennsylvania State University**
Bachelor of Science, Exercise and Sport Science
CAAHEP accredited athletic training undergraduate program

EMPLOYMENT

- 2010- **Interim Chair, Department of Health Professions (DHP), College of Health and Public Affairs (COHPA), University of Central Florida (UCF)**
- General Duties:
 - Oversee the Doctor of Physical Therapy Program (DPT), the Athletic Training Program (BS) and the Health Sciences Pre-Clinical Program (BS)
 - Plan and conduct DHP faculty and staff meetings
 - Oversee and evaluate 17 full-time faculty, 6 staff, and 15-20 adjuncts
 - Oversee the annual DHP budget request process
 - Attend monthly Department Chair's and Dean's update meetings
 - Maintain signature authority for all purchasing, payroll, travel, faculty activity reports, faculty assignment of duties, conflict of interest and/or commitment, and promotion & tenure
 - Oversight and sign-off on Institutional Review Board submissions by DHP faculty and students
 - Special Duties:
 - Oversaw the design of the 2010 & 2013 DHP Strategic Plans
 - Oversaw the self-study and site-visit process for the re-accreditation of the DPT Program through the Commission on Accreditation of Physical Therapy Education (CAPTE)
 - Oversaw the 7 year Program Review process for DPT and HSPC in fall/spring 2013
 - Oversaw the initial creation of DHP criteria for the promotion and tenure of tenure-earning and tenured faculty, criteria for the promotion of clinical faculty, and promotion of instructor/lecturer faculty.
 - Oversaw the revision of the Annual Evaluation Standards and Procedures (AESP) for the DHP
 - Developed and implemented new policies with regard to travel, workload, promotion, tenure, annual evaluation, and conflict of interest (outside teaching)
- 2004- **Program Director/Associate Lecturer, Athletic Training Program, University of Central Florida**
- Promoted to Associate Lecturer in April 2016
 - Oversee 2 full-time faculty and 4 adjunct faculty
 - Oversaw the self-study and site-visit process for the re-accreditation of the AT Program through the Commission on Accreditation of Athletic Training Education (CAATE) in 2006-2007 and 2016-2017
 - Prepare program reviews, institutional effectiveness reports and annual reports for University and State of Florida program reviews
 - Develop and revise curriculum and coursework for the AT program

- Administration of the program, including recruitment, admissions, retention and graduation
- Attend all transfer orientations and various targeted advising sessions
- Advise all students (50-60) in the Program in Athletic Training
- Advise all Athletic Training Pending students

2000- 2004 Adjunct Instructor, Program in Athletic Training, University of Central Florida

- Regional Coordinator and Clinical Site Evaluator, 2003-2004
- Revised the clinical competencies for ATEP students, 2003
- Revised the ATEP Student Handbook, 2003
- Approved Clinical Instructor, 2001-2004

1999- 2004 Associate Athletic Trainer, University of Central Florida

- UCF was a Division 1 university in Conference USA
- Primarily assigned to Women's Softball, 2 years
- Primarily assigned to Track and Field and Cross Country, 2 years
- Revised and Coordinated the billing and insurance process for the Sports Medicine Department
- Assisted in writing and implementing the drug testing policy

1997-1999 Assistant Athletic Trainer, Coastal Carolina University

- CCU was a Division 1 university in the Big South Conference
- Primarily assigned to women's volleyball, women's basketball, men's soccer and baseball
- Established and enforced concrete objectives for the student athletic training interns
- Coordinated billing and insurance for all sports
- Coordinated inventory, bidding and purchasing of supplies
- Assisted with illegal/banned substance testing
- Coordinated camp staff and student athletic trainers for all summer camps

COURSES TAUGHT

- Sports Medicine in Field Applications/Case Studies in Sports Medicine (PET 4604/ATR 4103), 2004-present
- Therapeutic Modalities (PET 4632/ATR 4302), 2002-present
- Organization and Administration of Athletic Training (PET 4660/ATR 4515C), 2004-present
- Honors in the Major - Directed Readings and Undergraduate Honors Theses: 2011-present
- Applied Fitness in Sport (PET 4606), 2004-2014
- Advanced Rehabilitation in Athletic Training (PET 4636C/ATR 4315C), 2010-2011
- Biomechanics of Sport lab and lecture (PET 4315), 2004-2010
- Clinical Skills for Athletic Trainers I(PET 3633C/ATR 3012C), 2008-2012
- Senior Seminar (PET 4674/ATR 4933), 2004-2012
- Lab instructor and lecturer for Therapeutic Rehabilitation (PET 4630), 2000
- Lab instructor and lecturer for Therapeutic Modalities (PET 4632), 2000-2001
- Lab instructor and lecturer for Principles of Athletic Training (PET 3620), 2001

SERVICE

Service to the University

- UCF Downtown Campus Space Transition Team, 2016- present
- Member Awards and Procedures Review Committee, 2015
- Member of the Student Conduct Review Board 2010-2015
- Undergraduate Course Review Committee, 2009-present (guest Chair January 2013 and November 2014)
- Committee member for COHPA Dean Frumkin's 5th Year Review, 2013

- Member of the Public Health Degree Committee, investigated feasibility of graduate degree at UCF, 2011-2012
- Member of the State of Florida Common Program Pre-requisites Committee for Athletic Training, 2009
- Member of the State of Florida Common Program Pre-requisites Committee for Health Sciences, 2009
- Member of the UCF Eating Disorders Task Force, 2000-2001
- Member of the University Student Insurance Committee, 2002-2004
- Member of University Grievance Committee, 2003

Service to the College

- Department Chair's Council, 2010-present
- Undergraduate Coordinators Committee, 2004-present
- Member of the Electronic Faculty Activity Report (eFAR) committee, 2014-2015
- Speaker for the College Reach-Out Program Summer Institute, Summer 13
- COHPA Undergraduate Student Services Advisor search committee, Summer 13
- Department of Health Professions Department Chair search committee, 2012-2013
- Standards and Procedures Committee, 2005-2006, 2010

Service to the Department

- Interim Chair of the Department of Health Professions, 2010-present
- Serve as advisor for the Gamma Iota chapter of Iota Tau Alpha (AT Honor Society) 2013-present
- Served as advisor to Student Athletic Training Organization (UCF SATO) 2004-2011
- Program in Physical Therapy Program Director search committee, 2012 & 2013
- Health Sciences Pre-Clinical Program Director Search Committee, 2010
- Chair, Athletic Training Clinical Education Coordinator Search Committee, 2010
- Annual Evaluation Standards and Procedures Committee, 2011
- Faculty Library Representative for Athletic Training, 2004-2010
- Merit, Promotion and Tenure Guidelines Committee, 2005

Service to the Profession

- Member of and SEATA Representative to the Professional Education Committee (PEC) of the National Athletic Training Association (NATA), 2014-present
- Work Group Member for the Professional Knowledge Development Process, 2015-present
- Education Chair for the Athletic Trainers' Association of Florida (ATAF) Annual Meeting, 2014-present
- Contributing author for "White Paper: Interprofessional Education and Practice in Athletic Training", initiated by the NATA Executive Committee for Education, 2013 (published 2015)
- Co-chair Conference Planning Committee, 2010, 2012 & 2014 SEATA Athletic Training Educators' Conference
- Moderator at the NATA Athletic Training Educators Conference, February 2011
- Moderator for College and University Committee Panel Discussion, Athletic Training Association of Florida Annual Symposium, 2009, 2010
- Planning committee member, SEATA Athletic Training Educators' Conference, 2006-2008
- Florida Representative, Women in Athletic Training SEATA Committee, 2004-2008
- Planning committee member and panelist for WATC Mentoring Workshop at SEATA, 2005, 2006
- Approved Examiner/Model for BOC examination, 2000-2007

Service to the Community

- Mission trip to renovate a soup kitchen and two churches in Humacao, Puerto Rico, 2015
- Evans High School "Teach-In", Orange County Public Schools, 2015
- Mission trip to complete renovations on a private not-for-profit hospital in Humacao, Puerto Rico, 2013

- Chair of First Congregational Church of Winter Park / Rollins College, South African Student Scholarship Committee, 2006-2011
- Committee member for Health and Wholeness Committee, First Congregational Church of Winter Park, 2011-present
- Volunteer Emergency Medical Technician, Cetronia Ambulance Corps, 1993

Service to Burnet Honors College

- Honors in the Major **Committee Chair** - Giovanna Giannini, Athletic Training BS. Thesis title: Nutritional Resources for Student-Athletes in Division I College Football Institutions: The Athletic Trainers' Perspective and Role
- Honors in the Major **Committee Chair** - Tyler Killinger, Athletic Training BS. Thesis title: Medical Insurance Practices at NCAA Institutions: The Athletic Trainers' Role
- Honors in the Major **Committee Member** - Rebecca Tanner, Health Sciences BS. Thesis title: Management of Postpartum Pelvic Floor Dysfunctions: A Review of Literature (in progress)
- Honors in the Major **Committee Chair** - Christopher Mings, Athletic Training BS. Thesis title: Athletic Trainers' Knowledge and Perceptions of Testicular Cancer and Testicular Cancer Prevention Practices, 2013-2014.
- Honors in the Major **Committee Chair** - Vivian Rivera, Athletic Training BS. Thesis title: An Examination of the Relationship between Sport Concussion and Long Term Neurodegenerative and Psychological Disorders: A Literature Review. 2012-2013.
- Honors in the Major **Committee Chair** - Kristen Taranto, Athletic Training BS. Thesis title: The Pathogenesis of Eating Disorders in Gymnastics. 2012-2013.
- Honors in the Major **Committee Chair** - Theresa Privett, Athletic Training BS, thesis title: Aerobic Exercise as a Means of Reducing Low Back Pain, 2011-2012.
- Honors in the Major **Committee Member** - Samantha Seto, Health Sciences BS. Thesis title: The Effects of Sports on Long-Term Disability, 2011-2012.
- Honors in the Major **Committee Member** - Melissa Morey, Nursing BS. Thesis title: The Role of the Nurse in Promoting Cardiac Rehabilitation in Women, 2010.

RESEARCH/CREATIVE ACTIVITIES

Peer-Reviewed Publications

- Breitbach AP, Richardson R; National Athletic Trainers' Association Executive Committee for Education; **Interprofessional Education and Practice in Athletic Training Work Group**. Interprofessional Education and Practice in Athletic Training. *Athl Train Educ J*. 2015;10(2): in press
- **Schellhase KC**, Plant JL, Rothschild CE. Collegiate athletic trainers' perceived and actual knowledge of therapeutic ultrasound concepts. *International J Athl Therapy Train*. 2015; 20:43-53.
- Slater J, Kolber MJ, **Schellhase KC**, Patel CK, Rothschild C, Liu X, Hanney WJ. The influence of exercise on perceived pain and disability in patients with lumbar spinal stenosis: a systematic review of randomized controlled trials. *Am J Lifestyle Med*. 2015: in press.
- **Schellhase KC**. The relationship between student evaluation of instruction scores and the amount of faculty formal educational coursework. *Athletic Training Education Journal*; 2010;5(4):156-164. (2 citations)
- **Schellhase KC**. Applying mastery learning to athletic training education. *Athletic Training Education Journal*; 2008;3(4):130-134. (12 citations)
- **Schellhase KC**. Kolb's experiential learning theory in athletic training education: A literature review. *Athletic Training Education Journal*; 2006;1:2 (Apr-Dec):18-27. (6 citations)
- **Couper KL**, Uhl TL, Perrin DH. Joint reposition sense of the healthy shoulder before and after isotonic exercise (Abstract). *Journal of Athletic Training*; 1998;33(2):S-26.

Other Publications

- **Schellhase KC.** Foreword. Van Ost L, Manfre K, Lew K. Athletic Training Exam Review: A Student Guide to Success. 5th Ed. SLACK Inc. 2013.
- **Schellhase KC.** The Importance of Teaching Writing Skills (Even if you are Not an English Teacher), *UCF Faculty Focus*; 2011;10(2):9.

Peer-Reviewed Presentations & Posters

- **Schellhase KC,** Plant J, Mazerolle SM. Athletic trainers' knowledge and practice beliefs regarding exertional heat stroke before and after an educational intervention. Poster presentation at: Southeast Athletic Training Educators' Conference; 2016; Atlanta, GA.
- **Schellhase KC,** Plant JL, Rothschild CE. Collegiate athletic trainers' perceived and actual knowledge of therapeutic ultrasound concepts. Free communications oral presentation at: National Athletic Trainers' Association Clinical Symposia and AT Expo; 2014; Indianapolis, IN.
- **Schellhase KC,** Plant JL, Rothschild CE. Collegiate athletic trainers' perceived and actual knowledge of therapeutic ultrasound concepts. Poster presentation at: SouthEast Athletic Trainers' Association Educators' Conference; 2014; Atlanta, GA.
- **Schellhase KC.** Are approaches to teaching and/or student perception of instruction scores related to the amount of faculty formal educational coursework? Poster presentation at: SouthEast Athletic Trainers' Association Educators' Conference; 2010; Atlanta, GA.
- **Schellhase KC.** The amazing insurance race. Oral presentation at: SouthEast Athletic Trainers' Association Educators' Educators' Conference; 2010; Atlanta, GA.
- **Couper KL,** Uhl TL, Perrin DH. Joint reposition sense of the healthy shoulder before and after isotonic exercise. Poster presentation at: National Athletic Trainers' Association Annual Meeting and Clinical Symposia; 1998; Salt Lake City, UT.
- **Couper KL,** Uhl TL, Perrin DH. Joint reposition sense of the healthy shoulder before and after isotonic exercise. Poster presentation at: District III Annual Meeting; 1997; Charlotte, NC.

Invited Presentations & Posters

- **Schellhase, KC.** Moderator - Beyond simulation: Using standardized patient encounters to supplement clinical education. Evidence-based forum at: National Athletic Trainers' Association Clinical Symposia & AT Expo; 2015; St. Louis, MO.
- **Schellhase KC.** Organization, administration and professional development in athletic training. Oral presentation at: SouthEast Athletic Trainers' Association Athletic Training Student Symposium; yearly from 2011–2015; Atlanta, GA.
- **Schellhase KC.** Traumatic facial injuries. Oral presentation at: SouthEast Athletic Trainers' Association Athletic Training Student Symposium; yearly from 2008–2014; Atlanta, GA.
- Plant J, **Schellhase KC.** Emergency management workshop. CEU Workshop at: University of Central Florida; 2013; Orlando, FL.
- Plant J, **Schellhase KC.** Emergency management workshop. Pre-conference workshop at: Athletic Trainers' Association of Florida 25th Annual Meeting and Clinical Symposium; 2013; Kissimmee, FL.
- **Schellhase KC.** Moderator - Case studies at: Orlando Orthopaedic Center's 9th Annual Cutting Edge Concepts in Orthopaedics & Sports Medicine Seminar. 2013; Orlando, FL.
- **Schellhase, KC.** Faces of the profession. Panel presentation a: Florida Alliance for Health Professions Diversity Symposium, University of Central Florida College of Medicine; 2013; Orlando, FL.
- **Schellhase KC.** Student retention of therapeutic modalities concepts: What is the role of the clinical instructor? Poster presentation at: UCF Scholarship of Teaching and

- Learning Summer Conference; 2010; Orlando, FL.
- **Schellhase KC.** Evidence based therapeutic modalities. Poster presentation at: Athletic Trainers' Association of Florida Annual Meeting and Clinical Symposium; 2009; Kissimmee, FL.
- **Schellhase KC, Swann E, Leaver-Dunn D.** A master assessment plan for your athletic training program. Oral presentation at: SouthEast Athletic Trainers' Association Educators' Conference; 2008; Atlanta, GA.
- **Schellhase KC.** Modalities 101. Oral presentation at: University of Central Florida Clinical Instructor Seminar; 2007; Orlando, FL.
- **Schellhase KC.** Lower extremity rehabilitation. Oral presentation at: Pine Ridge High School Student Athletic Trainers' Conference. Yearly from 2005-2007; Deltona, FL.
- **Schellhase KC.** Life-balancing and time management. Oral presentation at: SouthEast Athletic Trainers' Student Symposium. Yearly from 2005-2007; Atlanta, GA.
- **Schellhase KC.** Promoting yourself in the athletic training world. Oral presentation at: Athletic Trainers' Association of Florida Student Symposium; 2005; Orlando, FL.
- **Couper KL, Uhl TL, Perrin DH.** Joint reposition sense of the healthy shoulder before and after isotonic exercise. Oral presentation at: The University of Virginia Art and Science of Sports Medicine Conference, June 1997.

Editorial/Review Activities

- Peer reviewer for the *Athletic Training Education Journal*, 2005-2013
- Peer reviewer for the *Journal of Athletic Training*, 2006-2013 Peer Reviewer for the *Journal of Experimental Education*, 2010
- Reviewer for *Athletic Training Exam Review*, (Slack Publishing), 2008
- Reviewer for *Perspectives in Athletic Training* (Mosby Publishing), 2007
- Reviewed "100 Strength and Conditioning Exercises" for the *Journal of Athletic Training/NATA News*, 2005

ACHIEVEMENTS BY UNDERGRADUATE STUDENTS MENTORED

- Case Study Poster Presentations (refereed) Angelique Tejada and Giovanna Giannini at the UCF Showcase of Undergraduate Research Excellence, 2016
- Case Study Oral Presentation (refereed) by Angelique Tejada at SEATA Athletic Training Symposium, 2016
- Case Study Oral Presentation by Jillian Sutton at the Orlando Orthopaedic Center's Orthopaedic Update for Allied Healthcare Professions, 2014
- Case Study Poster Presentations (refereed) Christopher Mings, Angela Pectol, and Tammy Vega, at the UCF Showcase of Undergraduate Research Excellence, 2014
- Case Study Oral Presentation (refereed) by Angela Pectol at SEATA Athletic Training Symposium, 2014
- Case Study Poster Presentation (refereed) by Christopher Mings at SEATA Athletic Training Symposium, 2014
- Case Study Oral Presentation by Stephen Bender, Brittany Mitchell, and Molly Kordsmeier (AT Alum/DPT student) at the Orlando Orthopaedic Center's 9th Annual Cutting Edge Concepts in Orthopaedics & Sports Medicine Seminar, 2013.
- Case Study Oral Presentation (refereed) by Stephen Bender at SEATA Athletic Training Symposium, 2013
- Case Study Poster Presentation (refereed) by Tess Salisbury at SEATA Athletic Training Symposium, 2013
- Case Study Poster Presentations (refereed) Kelda Adams, Casey Link and Theresa Privett at the UCF Showcase of Undergraduate Research Excellence, 2012
- Case Study Oral Presentation (refereed) by Casey Link at SEATA Athletic Training Symposium, 2012
- Case Study Poster Presentations at Florida Hospital Sports Medicine Conference by Matthew Jones and Kelda Adams, 2011

- Case Study Poster Presentations (Refereed) by Molly Kordsmeier and Elias Williams at the SEATA Athletic Training Student Symposium, 2011
- Case Study Poster Presentations (refereed) by Nikolas Turner, Alexa Kryglowski, Danielle Lovoy and Zoila Rivera at the UCF Showcase of Undergraduate Research Excellence, 2010
- Case Study Poster Presentations (refereed) by Nikolas Turner, Alexa Kryglowski, Danielle Lovoy and Zoila Rivera at the SEATA Athletic Training Student Symposium, 2010
- Case Study Oral Presentation (refereed) by Nikolas Turner at SEATA Athletic Training Symposium, 2010
- Case Study Oral Presentations (refereed) by Meaghan Borello and David Kraziese at SEATA Athletic Training Student Symposium, 2009
- Case Study Poster Presentations (refereed) by Meaghan Borello and David Kraziese at the UCF Showcase of Undergraduate Research Excellence, 2009
- Case Study Poster Presentation (refereed) by Stephen Hajdas at the UCF Showcase of Undergraduate Research Excellence, 2008
- Hajdas S. Multiple Complications from a Finger Fracture in a Basketball Player: A Case Study with Implications for the Sports Medicine Practitioner, *The University of Central Florida Undergraduate Research Journal*; 2009:3:30-36.

LICENSES AND CERTIFICATES

- Certified Athletic Trainer (Certification #069602489), 1996-present
- State of Florida Licensed Athletic Trainer #AL 1047, 1999-present
- National Provider Identifier #1215959895
- National Strength and Conditioning Association, CSCS Certification (Cert #99-04-30-038), 1999- present
- Collaborative Institutional Training Initiative (CITI), 2006-present
- American Red Cross Professional Rescuer CPR and First Aid, 1990-present
- Approved Clinical Instructor Certification, 2001, 2004, 2005
- Certified Clinical Instructor Educator, 2004, 2011
- Certified Emergency Medical Technician (EMT), 1993-1999

EXTERNAL HONORS

- NACADA Outstanding Advising Certificate of Merit Winner - Faculty Academic Advising Category, 2012
- NACADA Outstanding New Advisor Award Winner - Faculty Academic Advising Category, 2007
- ATAF College and University Athletic Trainer of the Year, 2006

INTERNAL HONORS

- Selected by COHPA to present Athletic Training Outcomes Assessment poster at the University Assessment Committee Annual Meeting, 2013
- UCF Excellence in Undergraduate Faculty Advising Award, 2011
- UCF College of Health and Public Affairs Excellence in Undergraduate Faculty Advising Award, 2011
- UCF College of Health and Public Affairs Excellence in Undergraduate Teaching Award, 2009

OTHER ATHLETIC TRAINING EXPERIENCE

- Olympic Training Center, Chula Vista, Ca. – Olympic Medical Volunteer Program, Spring 2016
- Timber Creek High School Athletics - Medical Volunteer, 2015 - present
- Apopka High School Athletics - Medical Volunteer, 2012 - 2015
- USAG Trampoline and Tumbling World Championships – Medical Volunteer, 2014
- Magical Classic (Gymnastics, Level 2 to elite) – Contracted Athletic Trainer (Lead), 2009, 2010, 2011, 2012, 2013, 2014, 2015, 2016

- UCF Athletics Association - Medical Volunteer, 2004 –present (UCF Football camp)
- Pro-Soccer Combine, InfoSport – Contracted Athletic Trainer, 2006, 2010
- University of Minnesota-Duluth Softball at Rebel Games – Contracted Athletic Trainer, 2009
- AST Dew Sports Tour (Action sports: FMX, BMX, Skate) – Medical Volunteer, 2008
- Athletic Trainer for U-21 Women’s National Basketball Team, Colorado Springs, France and Russia – Olympic Medical Volunteer Program, 2007
- TaeKwonDo US Open Championships – Medical Volunteer, 2007
- Pro Basketball Combine, InfoSport – Contracted Athletic Trainer, 2006
- The Villages Gridiron Classic – Medical Volunteer, 2004
- UCF Softball camps – Contracted Athletic Trainer, 2002-2003
- Olympic Training Center, Chula Vista, Ca. – Olympic Medical Volunteer Program, Summer 2000
- Myrtle Beach Marathon – Medical Volunteer, 1999
- Disney Marathon – Medical Volunteer, 2000-2003
- Tyco Gridiron Classic – Medical Volunteer, 2001
- NFL Europe Developmental League Camp – Contracted Athletic Trainer, 2001