

# **KRISTEN COUPER SCHELLHASE, EdD, ATC, LAT, CSCS**

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## **OBJECTIVE**

To be a source of education and inspiration to students in the Program in Athletic Training and an exceptional administrator for the College of Health and Public Affairs at the University of Central Florida.

## **EDUCATION**

**2004-2009** Doctor of Education, Curriculum and Instruction program at the **University of Central Florida**

**Dissertation Title:** "Are Approaches to Teaching and/or Student Perception of Instruction Scores Related to the Amount of Faculty Formal Educational Coursework?"

**1996-1997** Master of Education, NATA accredited athletic training graduate program at **The University of Virginia**

**1992-1996** Bachelor of Science, Exercise and Sport Science, CAAHEP accredited athletic training undergraduate program at **The Pennsylvania State University**

## **EMPLOYMENT**

**2010-** **Interim Chair, Department of Health Professions, College of Health and Public Affairs, University of Central Florida**

- Attend Chair's update meetings and Dean update meetings
- Prepare bi-weekly departmental report
- Prepared 2010 Strategic Plan
- Prepared 2010-2011, 2011-2012 Department of Health Professions budget requests
- Evaluated faculty in the Department of Health Professions annually
- Maintain signature authority for all purchasing, payroll, travel, faculty activity reports, faculty assignment of duties, course grade changes, curriculum changes, course additions/changes/deletions.

**2004-** **Program Director, Program in Athletic Training, University of Central Florida**

- 70% Teaching, 20% Administrative, 10% Service Assignment
- Prepare self-study documents, coordinated site-visit, prepared rejoinder documents and annual report documents in order to renew CAATE accreditation.
- Prepare program reviews, institutional effectiveness reports and annual reports for University and State of Florida program reviews
- Develop and revise curriculum
- Administration of the program, including recruitment, admissions, retention and graduation
- Attend all transfer orientation sessions
- Advise all students (50-60) in the Program in Athletic Training
- Advise all Athletic Training Pending students (approx 200-300)
- Served as advisor to Student Athletic Training Organization (UCF SATO)

**2000- 2004 Adjunct Instructor, Program in Athletic Training, University of Central Florida**

- Regional Coordinator and Clinical Site Evaluator, 2003-2004
- Revised the clinical competencies for ATEP students, 2003

- Revised the ATEP Student Handbook, 2003
- Approved Clinical Instructor, 2001-2004

**1999- 2004 Associate Athletic Trainer, University of Central Florida**

- UCF is a Division 1 university in Conference USA
- Primarily assigned to Women's Softball, 2 years
- Primarily assigned to Track and Field and Cross Country, 2 years
- Revised and Coordinated the billing and insurance process for the Sports Medicine Department
- Assisted in writing and implementing the drug testing policy

**1997-1999 Assistant Athletic Trainer, Coastal Carolina University**

- CCU was a Division 1 university in the Big South Conference
- Primarily assigned to women's volleyball, women's basketball, men's soccer and baseball
- Established and enforced concrete objectives for the student athletic training interns
- Coordinated billing and insurance for all sports
- Coordinated inventory, bidding and purchasing of supplies
- Assisted with illegal/banned substance testing
- Coordinated camp staff and student athletic trainers for all summer camps

**1996-1997 Graduate Assistant Athletic Trainer, Washington and Lee University**

-Primarily assigned to football, women's volleyball, basketball, and baseball

**1993-1993 Volunteer Emergency Medical Technician, Cetronia Ambulance Corps**

**COURSES TAUGHT**

- Advanced Rehabilitation in Athletic Training (PET 4636C/ATR 4315C), 2010-present
- Biomechanics of Sport lab and lecture (PET 4315), 2004-2010
- Therapeutic Modalities lab and lecture (PET 4632/ATR 4302), 2002-present
- Clinical Skills for Athletic Trainers I (PET 3633C/ATR 3012C), 2008-present
- Applied Fitness in Sport (PET 4606), 2004-present
- Organization and Administration of Athletic Training (PET 4660/ATR 4515C), 2004-present
- Sports Medicine in Field Applications (PET 4604/ATR 4103), 2004-present
- Senior Seminar (PET 4674/ATR 4933), 2004-present
- Coordinated independent study courses, 2007-present
- Lab instructor and lecturer for Therapeutic Rehabilitation (PET 4630), 2000
- Lab instructor and lecturer for Therapeutic Modalities (PET 4632), 2000-2001
- Lab instructor and lecturer for Principles of Athletic Training (PET 3620), 2001

**SERVICE**

**Service to the University**

- Member of the Student Conduct Review board 2010-present
- Advise the Student Athletic Trainers' Organization (SATO) 2004-2011
- Organize Program in Athletic Training Alumni Group events, 2004-present
- Member of the State of Florida Common Program Pre-requisites Committee for Athletic Training, 2009
- Member of the State of Florida Common Program Pre-requisites Committee for Health Sciences, 2009
- Member of the UCF Eating Disorders Task Force, 2000-2001
- Member of the University Student Insurance Committee, 2002-2004
- Member of University Grievance Committee, 2003

**Service to the College**

- Undergraduate Curriculum Review Committee, 2009-present
- Undergraduate Affairs Committee, 2004 – present
- Pre-Clinical Program Director Search Committee, 2010
- Chair, Athletic Training Clinical Education Coordinator Search Committee, 2010
- Standards and Procedures Committee, 2005-2006, 2010
- Served as a member of several search committees, 2005-2010

#### **Service to the Department**

- Interim Chair of the Department of Health Professions, 2010 - present
- Faculty Library Representative for Athletic Training, 2004 – 2010
- Merit, Promotion and Tenure Guidelines Committee, 2005

#### **Service to the Profession**

- Co-chair Conference Planning Committee, 2010 SEATA Athletic Training Educators' Conference, 2008-2010, 2011-2012
- Moderator at the National Athletic Trainers' Association (NATA) Athletic Training Educators Conference, February 2011
- Moderator for College and University Committee Panel Discussion, Athletic Training Association of Florida Annual Symposium, 2009, 2010
- Planning committee member, SEATA Athletic Training Educators' Conference, 2006-2008
- Florida Representative, Women in Athletic Training SEATA Committee, 2004-2008
- Planning committee member for WATC Mentoring Workshop at SEATA, 2005, 2006
- NATA approved Examiner/Model for national examination, 2000-2006
- Committee member and panelist for WATC Mentoring Workshop, SEATA 2006

#### **Service to the Community**

- Chair of First Congregational Church of Winter Park / Rollins College, South African Student Scholarship Committee, 2006-2011
- Committee member for Health and Wholeness Committee, First Congregational Church of Winter Park, 2011-present

#### **Service to Honors Students**

- Honors in the Major Committee Chair – Theresa Privett, Athletic Training BS, thesis title: Aerobic Exercise as a Means of Reducing Low Back Pain, 2011-2012.
- Honors in the Major Committee Member – Samantha Seto, Health Sciences BS. Thesis title: The Effects of Sports on Long-Term Disability, 2011-2012.
- Honors in the Major Committee Member – Brielle Burris, Nursing BS. Thesis title: The Significance of Yoga Therapy for Improving Quality of Life in Breast Cancer Patients, 2011-2012.
- Honors in the Major Committee Member – Melissa Morey, Nursing BS. Thesis title: The Role of the Nurse in Promoting Cardiac Rehabilitation in Women, 2010.

### **PUBLICATIONS**

#### **Peer Reviewed Publications**

- The Relationship Between Student Evaluation of Instruction Scores and the Amount of Faculty Formal Educational Coursework, *Athletic Training Education Journal*; 2010:5(4):156-164.
- Applying Mastery Learning to Athletic Training Education, *Athletic Training Education Journal*; 2008:3(4):130-134.
- Kolb's Experiential Learning Theory in Athletic Training Education: A Literature Review, *Athletic Training Education Journal*; 2006:1:2:18-27.
- Joint Reposition Sense of the Healthy Shoulder Before and After isotonic Exercise (Abstract), *Journal of Athletic Training*; 1998:33(2):S-26.

#### **Other Publications**

- The Importance of Teaching Writing Skills (Even if you are Not an English

Teacher), *UCF Faculty Focus*; 2011;10(2):9.

### **ACHIEVEMENTS BY STUDENTS MENTORED**

- Case Study Poster Presentations (Peer Reviewed) by Molly Kordsmeier and Elias Williams at the SEATA Athletic Training Student Symposium, 2011
- Case Study Poster Presentations by Nikolas Turner, Alexa Kryglowski, Danielle Lovoy and Zoila Rivera at the UCF Showcase of Undergraduate Research Excellence, 2010
- Case Study Poster Presentations (Peer Reviewed) by Nikolas Turner, Alexa Kryglowski, Danielle Lovoy and Zoila Rivera at the SEATA Athletic Training Student Symposium, 2010
- Case Study Oral Presentation (Peer Reviewed) by Nikolas Turner at SEATA Athletic Training Symposium, 2010
- Case Study Oral Presentations (Peer Reviewed) by Meaghan Borello and David Kraziese at SEATA Athletic Training Student Symposium, 2009
- Case Study Poster Presentations by Meaghan Borello and David Kraziese at the UCF Showcase of Undergraduate Research Excellence, 2009
- Case Study Poster Presentation by Stephen Hajdas at the UCF Showcase of Undergraduate Research Excellence, 2008
- Multiple Complications from a Finger Fracture in a Basketball Player: A Case Study with Implications for the Sports Medicine Practitioner, *The University of Central Florida Undergraduate Research Journal*; 2009:3:30-36.

### **PRESENTATIONS**

- Poster presentation – “Student Retention of Therapeutic Modalities Concepts: What is the Role of the Clinical Instructor?”, UCF SoTL Conference, Summer 2010
- Poster presentation – “Are Approaches to Teaching and/or Student Perception of Instruction Scores Related to the Amount of Faculty Formal Educational Coursework?”, SEATA Educators' Conference, 2010
- The Amazing Insurance Race, SEATA Educators' Conference, 2010
- Evidence Based Therapeutic Modalities, ATAF Conference, 2009
- A Master Assessment Plan for Your Athletic Training Program, SEATA Educators Conference, 2008
- Traumatic Facial Injuries, SEATA Student Symposium, 2008, 2009, 2010
- Modalities 101, UCF Clinical Instructor Seminar, 2007
- Lower Extremity Rehabilitation at the Pine Ridge High School Student Athletic Trainers Conference, 2005-2007
- Knee Bracing Lab series at SEATA Student Symposium, 2005
- Spineboarding Lab series at SEATA Student Symposium, 2006, 2007, 2008, 2009
- Life-Balancing and Time Management at the SEATA Student Symposium, 2005, 2006, 2007
- Promoting Yourself in the Athletic Training World at the ATAF Student Symposium, 2005
- Thematic poster presentation at NATA convention, 1998
- Thesis slide presentation at the District III convention, Charlotte, NC, 1997
- Speaker, “The Art and Science of Sports Medicine” conference, June 1997

### **LICENSES AND CERTIFICATES**

- Collaborative Institutional Training Initiative (CITI), 2006-present
- Certified Athletic Trainer (Certification #069602489), 1996-present
- Approved Clinical Instructor Certification, 2001, 2004, 2005
- Certified Clinical Instructor Educator, 2004, 2011
- Certified Emergency Medical Technician (EMT), 1993-1999
- National Strength and Conditioning Association, CSCS Certification (Cert #99-04-30-038), 1999- present
- American Red Cross Community CPR and First Aid, 1990-present
- Member of National Athletic Trainers' Association (Member #950906), 1995-

- present
- Completed Course in "Fabrication of Foot Orthotic Devices", 1998

## HONORS AND MEMBERSHIPS

- UCF Excellence in Undergraduate Faculty Advising Award, 2011
- UCF College of Health and Public Affairs Excellence in Undergraduate Faculty Advising Award, 2011
- UCF College of Health and Public Affairs Excellence in Undergraduate Teaching Award, 2009
- NACADA Outstanding New Advisor Award Winner - Faculty Academic Advising Category, 2007
- ATAF College and University Athletic Trainer of the Year, 2006
- Member of College Athletic Trainers' Society, 2003-2004
- University of Central Florida Interviewer Certification, 2001
- National Athletic Trainers' Association 1997-Present
- Southeast Athletic Trainers' Association, 1999-Present
- Athletic Trainers' Association of Florida, 1999-Present
- National Strength and Conditioning Association, 1999-2009
- Golden Key National Honor Society, 1994-1996
- Health and Human Development Honor Society, 1994-1996
- Alpha Xi Delta National Fraternity, 1992-1996

## OTHER ATHLETIC TRAINING EXPERIENCE

- Pro-Soccer Combine, InfoSport, Lake Mary, FL, 2006, 2010
- Athletic Trainer for University of Minnesota-Duluth Softball at Rebel Games, 2009
- Magical Classic (Gymnastics), 2009, 2011
- AST Dew Sports Tour (Action sports: FMX, BMX, Skate), 2008
- Athletic Trainer for U-21 Women's National Basketball Team, Colorado Springs, France and Russia, 2007
- TaeKwonDo US Open Championships, Orlando, FL, 2007
- Pro Basketball Combine, InfoSport, Altamonte Springs, FL, 2006
- The Villages Gridiron Classic practice coverage, Orlando, FL, 2004
- UCF Softball camps, Orlando, FL, 2002-2003
- Volunteer at the Olympic Training Center, Chula Vista, Ca. Summer 2001
- Myrtle Beach Marathon, 1999 and Disney Marathon, 2000-2003
- Tyco Gridiron Classic, 2001 and NFL Europe Developmental League Camp, Orlando, FL, 2001
- BOC Model/Examiner, 2000-2007
- Fabrication of Foot Orthotic Devices Course, 1998

## OTHER SCHOLARLY ACTIVITIES

### Editorial/Review Activities

- Peer Reviewer for the *Journal of Experimental Education*, 2010-present
- Peer reviewer for the *Athletic Training Education Journal*, 2005-present
- Reviewer for *Athletic Training Exam Review*, (Slack Publishing), 2008
- Reviewer for *Perspectives in Athletic Training* (Mosby Publishing), 2007
- Peer reviewer for the *Journal of Athletic Training*, 2006-present
- Reviewed "100 Strength and Conditioning Exercises" for the *Journal of Athletic Training/NATA News*, 2005

### Conference/Seminar Attendance

- Institute for Academic Leadership Conference, Fall 2010, Spring 2011
- Scholarship of Teaching and Learning (SoTL) Summer Faculty Development Conference, Summer 2010
- SEATA Educators' Conference, 2006, 2008, 2010
- Critical Thinking Workshop, UCF Faculty Center for Teaching and Learning, 2010
- NATA Educators' Conference, 2005, 2007, 2009

- Strategies for Millennial Students and Candidates: Beyond Multiple Choice Examinations, 2009
- Athletic Trainers' Association of Florida Symposium, 2005, 2009, 2010
- Essentials: A Foundation for Teaching Online, 2005
- NATA Annual Meeting, 1997, 1999, 2000, 2003, 2004, 2006, 2008
- SEATA Annual Meeting, 2007
- Collaborative Institutional Training Initiative (CITI) training, 2006, 2009
- Cutting Edge in Orthopaedics and Sports Medicine Conference, 2006, 2008
- Florida Hospital Sports Medicine Conference, 2008
- Getting Students to Work Effectively in Groups, UCF Faculty Center for Teaching and Learning, 2005
- Targeting Learning Outcomes for Program Assessment, UCF Faculty Center for Teaching and Learning, 2005