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EDUCATION

Post-Doctoral Fellowship	1991- 1994	Washington University School of Medicine
Ph.D	1991	University of Pittsburgh, Pittsburgh, PA
M.P.H.	1990	University of Pittsburgh, Pittsburgh, PA
M.S.	1986	University of Pittsburgh, Pittsburgh, PA
B.S.	1982	University of Athens, Athens Greece

PROFESSIONAL EXPERIENCE

2005-present. Professor-Tenured, University of Central Florida, Department of Health Professions, College of Health and Public Affairs

2006-Present. Associate Editor, American Journal of Lifestyle Medicine

2001- 2005: Professor-tenured and Director Exercise Physiology Program Area, University of Central Florida, Department of Family, Child and Community Sciences, College of Education.

1999- 2005: Director Exercise Physiology Laboratory. University of Central Florida, Department of Family, Child and Community Sciences, College of Education.

2000-2004: Adjunct Faculty. University of Central Florida. Department of Health Sciences Programs Athletic Training and Physical Therapy, College of Health and Public Affairs.

1998- 2001: Associate Professor-tenured and Director Exercise Physiology Program Area, University of Central Florida, Department of Human Services and Wellness, College of Education.

1997-1998: Associate Professor-tenured. The University of Southern Mississippi, Laboratory of Applied Physiology, School of Human Performance and Recreation, College of Health and Human Sciences.

1994-1997: Assistant Professor and Director. The University of Southern Mississippi, Laboratory of Applied Physiology, School of Human Performance and Recreation, College of Health and Human Sciences

Publications 2005-2011

Angelopoulos TJ, Lowndes J, Seip RL . Genetics of the Adaptations to Exercise *World Rev Nutr Diet In Press*

Devaney JM, Visich PS, Thompson PD, Saltarelli WA, PhD^c, Gordon PM, Orkunoglu-Suer EF, Gordish-Dressman H, Bradbury MK, Panchapakesan K, Khianey R, Hubal MJ, Clarkson PM, Linda S. Pescatello LS, Zoeller RF, Moyna NM, Angelopoulos TJ, Kraus WE, Hoffman EP. The 1p13.3 LDL-Associated Locus Shows Large Effect Sizes in Young Populations. *Pediatric Research In Press*

Peterson MD, Liu D, Gordish-Dressman H, Hubal M, Pistilli E, Angelopoulos TJ, Clarkson PM, Moyna NM, Pescatello LS, Seip RL, Visich PS, Zoeller RF, Thompson PD, Devaney J, Hoffman EP, and Gordon PM. Adiposity attenuates muscle quality and the adaptive response to resistance exercise in non-obese, healthy adults *Int J Obesity*, In Press

Seip RL, Zoeller RF, Angelopoulos TJ, Cherie Bilbie C, Salonia J, Moyna NM, Miles M, Visich PS, Pescatello LS, Gordon PM, Tsongalis G., Bausserman L, Thompson PD. Interactive Effects of APO E Haplotype, Gender and Exercise on Lipase Activities. *J Appl. Phys.* 2011

Devaney JM, Gordish-Dressman HA, Harmon BT, Bradbury MK, Devaney SA, Harvis TB, Thompson PD, Clarkson PM, Price TB, Angelopoulos TJ, Gordon PM, Moyna NM, Pescatello LS, Visich PS, Zoeller RF, Seip RL, Seo J, Kim BH, Tossi LL, Garcia M, Li R, Zmuda JM, Delmonico MJ, Lindsay RS, Howard BV, Kraus WE, Hoffman EP, . AKT1 polymorphisms are associated with risk for metabolic syndrome *Hum Genet*, 129(2):129-39,2011

Orkunoglu-Suer FE, Harmon BT, Gordish-Dressman H, Hubal MJ, Clarkson PM, Thompson PD, Angelopoulos TJ, Gordon PM, Moyna NM, Pescatello LS, Visich PS, Zoeller RF, Hoffman EP, Devaney JM. *MC4R* variant is associated with BMI but not response to resistance training in men. *Obesity*, 19(3):662-6, 2011

Harmon B, Orkunoglu-Suer EF, Kasra A, Gordish-Dressman H, Clarkson PM, Thompson PD, Angelopoulos TJ, Gordon PM, Moyna NM, Pescatello LS, Visich PS, Zoeller RF, Hubal MJ, Tosi L, Hoffman EP, Devaney JM. CCL2 and CCR2 Variants are Associated with Skeletal Muscle Strength and Change in Strength with Resistance Training. *J. Appl. Physiol.* 109(6):1779-1785,2010

White JS, Foreyt JP, Melanson KJ, Angelopoulos TJ. High Fructose Corn Syrup: Controversies and Common Sense. *Am. J. Lifestyle.* 4:515-519-484 2010

Kostek MC, Devaney JM, Gordish-Dressman H, Harris TB, Thompson PD, Clarkson P, Angelopoulos TJ, Gordon PM, Moyna NM, Pescatello LS, Visich PS, Zoeller RF, Seip RL, Garcia M, Li R, Zmuda JM, Delmonico MJ, Kanaya A, Hoffman EP. A polymorphism near *IGF1* is associated with body composition and muscle function in women from the Health, Aging, and Body Composition Study. *European Journal of Applied Physiology*, 110(2):315-24 2010

Rippe Jm, Angelopoulos TJ. Physical activity and Health: The time for action is now. *Am. J. Lifestyle. Med* (4):205-208, 2010

Lowndes J, Carpenter R, Gordish-Dressman H, Price TB, Eric P. Hoffman, Clarkson PM, EPGordon PM, Moyna NM, Pescatello LS, Visich PS, Zoeller RF, Seip RL Thompson PD, Angelopoulos TJ, Muscle Size and Strength Gain Following Unilateral Resistance Training: Effects of baseline strength and age. *J. of Strength and Cond. Research.* 23(7):1915-20, 2009

Rippe JM, Angelopoulos TJ, Rippe WF. Lifestyle Medicine and Health Care Reform. *Am. J. Lifestyle. Med* (3):421-424, 2009

Zoeller RF, Angelopoulos TJ, Wentz MR, Thompson BC, Price T, Thompson PD, Moyna NM, Richard Seip RL, Clarkson P, Gordon PM, Pescatello LS, Devaney JM, Gordish-Dressman H, and Eric P. Hoffman EP, Visich PS. Vascular Adaptations to 12-Weeks of Upper Arm Unilateral Resistance Training. *Med.Sci.Sports.Exerc* 41(11), 2003-2008, 2009

Walsh S, Kelsey BK, Angelopoulos TJ, Clarkson PM, Gordon PM, Moyna NM, Visich PS, Zoeller RF, Seip RL, Bilbie S, Thompson PD, Devaney JM, Hoffman EP, Pescatello LS. The CNTF 1357 G>A Polymorphism and the Muscle Strength Response to Resistance Training *J Appl. Physiol* 107(4):1235-40, 2009

Devaney JM, Tossi LL, Fritz TT, Gordish-Dressman HA, Harmon BT, Thompson PD, Clarkson P, Angelopoulos TJ, Gordon PM, Moyna NM, Pescatello LS, Visich PS, Zoeller RF, Brandoli C, Hoffman EP, Rogers MB. Differences in Fat and Muscle Mass Associated with a Functional Polymorphism in Post-Translational BMP2 Gene Regulatory Element. *J. Cellul. Biochem* 2;107(6):1073-1082, 2009

Angelopoulos TJ, Zukley L, Melanson KJ, Nguyen V, Huffman A, Lowndes J, Rippe JM. Short-term Responses of Postprandial Triglycerides, Uric Acid, and endocrine mediators of Energy Balance following Consumption of High Fructose Corn Syrup or Sucrose Beverages with Meals. *J. Nutr.* 139:1242S-1245S, 2009

Kostek MA, Angelopoulos TJ, Clarkson PM, Gordon PM, Moyna NM, Visich PS, Zoeller RF, Seip RL, Thompson PD, Devaney JM, Hoffman EP, Pescatello LS. *Myostatin and Follistatin Polymorphisms Interact with Muscle Phenotypes and Ethnicity.* *Med Sci Sports Exerc.* 41 (5):1063-1070, 2009

Tanton LC, Visich PS, Zoeller RF, Angelopoulos TJ, Price TB, Moyna NM, Seip RL, Gordon PM,. Strength, Size and Muscle Quality in the Upper Arm Following Unilateral Training in Young and Older Males and Females. *Clin Med Arth and Muscoskel Disorders.* 2:9-18, 2009

Orkunoglu-Suer EF, Dressman-Gordish H, Clarkson PM, Thompson PD, Angelopoulos TJ, Gordon PM, Moyna NM, Pescatello LS, Visich PS, Zoeller RF, Harmon B, Bradbary, Seip RL, Hoffman EP, Devaney JM. INSIG2 gene polymorphism is associated with increased subcutaneous fat in women and poor response to resistance training in men. *BMC Med Genet* ,9:117-, 2008

Melanson KJ, Angelopoulos TJ, Nguyen V, Zukley L, Lowndes J, Rippe JM . High fructose corn syrup, energy intake, and appetite regulation. *Am J Clin. Nutrition.* 88 Suppl: 1738S-44S, 2008

Kant AK, Andon MB,Angelopoulos TJ,Rippe JM. Association of breakfast energy density with diet quality and adiposity in American adults: National Health and Nutrition Examination Surveys, 1999-2004. *Am. J. Clin. Nutr.* 88(5): 1396-404, 2008

Angelopoulos TJ, Lowndes J. ApoE genotype. Potential Implications for Health, Nutrition and Fitness. *World Rev Nutr Diet.* 98:77-93., 2008

Zoeller RF, Ryan ED, Gordish-Dressman H, Price TB, Seip RL, Angelopoulos TJ, Moyna NM, Thompson PD, Hoffman EP. Allometric scaling of Isometric Biceps Strength in Adult Females and the Effect of Body Mass Index. *Eur. J. Appl. Physiol.* 104(4):701-10. 2008

Angelopoulos TJ, Lowndes J, Seip RL, Lowndes J, Zoeller RF, Moyna N, Gordon P, Visich P, Miles, Cosio-Lima, Thompson PD,. Apolipoprotein E Genotype Influence High Sensitive C-Reactive Protein Levels Regardless of Exercise Training Status. *Metabolism Clinical and Experimental.* 57:1204-10, 2008

Lowndes J, Zoeller RF, Kyriazis G, Caplan JD, Seip RL, Thompson PD, Angelopoulos TJ. Exercise and Leptin Concentration: The Effect of Aging. *Int J Sports Med and Physical Fitness;* 48:391-7 2008

Pisstilli E, Gordish-Dressman H, Devaney JM, Bradbury MK, Seip RL, Thompson PD, Angelopoulos TJ, Clarkson PM, Moyna NM, Pescatello LS, Visich PS, Zoeller FR, Gordon PM, Hoffman EP. Interleukin-15 and interleukin 15R α SNPs and Association with Muscle, Bone and the Metabolic Syndrome. *Cytokines* 43(1):45-53, 2008

Rippe JM, Angelopoulos TJ, and Zukley L. Lifestyle Medicine Strategies for Risk Factor Reduction, Prevention and Treatment of Coronary Heart Disease: Part II *American Journal of Lifestyle Medicine* 1(2) 1-12, 2007.

Rippe JM and Angelopoulos TJ. The American Journal of Lifestyle Medicine: A Forum, a Vision, and a Mandate. *American Journal of Lifestyle Medicine* 1:7-9, 2007

Rippe JM, Angelopoulos TJ, and Zukley L. The Rationale for Intervention to Reduce the Risk of Coronary Heart Disease *American Journal of Lifestyle Medicine* 1: 10-19, 2007.

Angelopoulos TJ., Zoeller RF., Sivo SA., Kyriazis GA., Caplan JD, Thompson PD. Do age and Baseline LDL Cholesterol Levels Determine the Effect of Regular Exercise on Plasma Lipoprotein Cholesterol Regular and Apolipoprotein B Levels? *E J Appl Physiol* 101(5):621-8, 2007

Uthurralt J, Dressman-Gordish H, Bradbury M, Tesi-Rocha C, Devaney K, Harmon B, Reeves EK Brandoli C, Hansen BC, Seip RL, Thompson PD, Proce TB, Angelopoulos TJ, Clarkson PM, Moyna NM, Pescatello LS, Visich PS, Zoeller RF, Gordon PM, Hoffman EP. PPAR α L162V underlies variation in serum triglycerides and subcutaneous fat volume in young males. *BMC Med Genet* 16;8(1) :55, 2007

Kostek M, Price TB, Seip RL, Angelopoulos TJ, Clarkson PM, Gordon PM, Moyna NM, Visich PV, Zoeller RF, Gordish-Dressman H, Bilbie S, Thompson PD, Hoffman EP, Pescatello LS, Subcutaneous fat alterations resulting from an upper body resistance training program. *Med Sci Sports Exerc* 39(7):1177-1185, 2007

Zoeller RF, Ryan ED, Gordish-Dressman H, Price TB, Seip RL, Angelopoulos TJ, Moyna NM, Gordon PM, Thompson PD, Hoffman EP. Allometric Scaling of Biceps Strength before and after resistance training in men. *Med Sci Sports Exerc* . 39(6) 1013-1019, 2007

Pescatello LS, Kelsey BK, Price TB, Seip RL, Angelopoulos TJ, Clarkson PM, Gordon PM, Moyna NM, Visich PV, Zoeller RF, Gordish-Dressman H, Bilbie S, Thompson PD, Hoffman EP. The Muscle Strength and Size Response to Upper Arm, Unilateral Resistance Training Among Adults Who Are Overweight and Obese *J Strength and Cond Res*, 1:21(2) 307-313, 2007

Kyriazis G, Lowndes J, Carpenter R, Sivo S, Dennis K, Angelopoulos TJ. Exercise-induced energy deficit and leptin, insulin and ghrelin responses in obese males. *Clinical Journal of Sports Medicine* 17(1):49-51, 2007

Pistilli EE, Gordish-Dressman H, Seip RL, Hoffman EP, Devaney JM, Thompson PD, Price TB, Angelopoulos TJ, Clarkson PM, Moyna NM, Pescatello LS, Visich PV, Zoeller RF, Gordon PM. Resistin Polymorphisms Associated With Muscle, Bone, and Fat Phenotypes. *Obesity*. 15(2) 392-402, 2007

Melanson KJ., Angelopoulos TJ, Zukley LM, Lowndes J, Rippe JM. Effects of High-Fructose Corn Syrup and Sucrose Consumption on Circulating Glucose, Insulin, Leptin, and Ghrelin and on Appetite in Normal-Weight Women. *Nutrition*, 23(2) 103-112, 2007

Carpenter MR, Carpenter RL, Peel J, Zukley LM, Angelopoulou MS, Fischer I, Angelopoulos TJ, Rippe JM. The reliability of isokinetic and isometric leg strength measure among individuals with symptoms of mild osteoarthritis. *J Sports Med Phys Fitness*.46(4):585-589,2006

Seip R, Otvos J, , Bilbie C, Tongalis G, Miles M, Zoeller R, Visich P, Gordon P, Angelopoulos TJ, Pescatello L, Bauserman L, , Moyna N., Thompson PD. The effect of apolipoprotein E genotype and exercise training on serum lipid particle size. *Atherosclerosis* 188(1) 26:33, 2006

Melanson KJ, Angelopoulos TJ, Nguyen VT, Zukley L, Lowndes J, Dube TJ, Fiutem JJ, Yount BW, Rippe JM. Consumption of Whole Grain Cereals During Weight Loss: Effects on Dietary Quality. *Journal of American Dietetic Association*, 106(9) 1380-8, 2006

Pescatello LS, Kostek MK, Thompson PD, Seip RL, Price TB, Gordish-Dressman H, Angelopoulos TJ, Clarkson PM, Gordon PM, Moyna NM, Visich PV, Zoeller RF, Devaney JM, Bilbie S, , Hoffman EP. ACE ID Genotype and Muscle Strength and Size Response to Unilateral Resistance Training. *Med.Sci.Sports.Exerc*. 38(6)1074-1081,2006

Ruano G, Seip RL, Zollner S, Tsongalis GJ, Ordovas J, Bilbie C, Zoeller R, Visich P, Gordon P, Angelopoulos TJ, Pescatello L, Moyna N, Thompson PD. Apolipoprotein A1 Genotype Affects the Change in High Density Lipoprotein Cholesterol Subfractions with Exercise Training. *Atherosclerosis*. 185(1)65-69, 2006

Thompson PD, Tsongalis GT, Ordovas J, Seip RL, Bilbie C, Miles M, Zoeller RF, Visich P, Gordon P, Angelopoulos TJ, Pescatello L, Moyna N. ACE Genotype and Adherence to Aerobic Exercise Training. *Preventive Cardiology* 9(1):21-24, 2006

Clarkson PM , Devaney JM, Gordish-Dressman H, Thompson PD, Hubal MJ, Urso M, , Price TB Angelopoulos TJ, Gordon PM, Moyna NM, Pescatello LS, Visich PS, Zoeller RF, Seip RL, Hoffman EP, ACTN3 Genotype is Associated with Baseline Strength and Increases in Muscle Strength in Response to Resistance Training in Women J. Appl. Physiol. 99:154-163 2005

Whitehead MT, Boyd JC, Magal M, Eschbach. CL, Angelopoulos TJ, Zoeller RF. Relation between post-exercise blood lactate clearance and submaximal blood lactate accumulation and performance in trained cyclists. **Research Quarterly. 76(2)238-242, 2005.**

Hubal MJ, Gordish-Dressman H, Price TB, Thompson PD, Hoffman EP, Angelopoulos TJ, Gordon PM, Moyna NM, Pescatello LS, Visich PS, Zoeller RF, Seip RL, Clarkson PM Variability in Muscle Size and Strength Gain Following Unilateral Resistance Training **MSSE Vol 37(6) 964-972, 2005**

BOOK

Obesity: Prevention and Treatment, Edited by Theodore J. Angelopoulos, Ph.D., MPH, James M. Rippe, MD CRC Press (2011)

BOOK CHAPTERS

Theodore J. Angelopoulos. “Health Benefits of Physical Activity” in Textbook of Lifestyle Medicine 2nd Edition ,Edited by James M. Rippe, MD CRC Press (2011)

Theodore J. Angelopoulos. “Pathophysiology of Obesity”, in Obesity: Prevention and Treatment, Edited by Theodore J. Angelopoulos, Ph.D., MPH, James M. Rippe, MD CRC Press (2011)

Theodore J. Angelopoulos, Allan C Utter. “Epidemiology of Obesity” in Obesity: Prevention and Treatment, Edited by Theodore J. Angelopoulos, Ph.D., MPH, James M. Rippe, MD CRC Press (2011)

Lowndes Joshua, Theodore J. Angelopoulos “Exercise Management of the Obese Patient” in Obesity: Prevention and Treatment, Edited by Theodore J. Angelopoulos, Ph.D., MPH, James M. Rippe, MD CRC Press (2011)

Theodore J. Angelopoulos, Joshua Lowndes “Electrocardiography” in ACSM clinical workbook. Lippincot Williams and Wilkins, 2009.

Theodore J. Angelopoulos, Joshua Lowndes ApoE genotype. Potential Implications for Health, Krager, Nutrition and Fitness. World Reviews in Nutrition and Dietetics 98:77-93 2008

Theodore J. Angelopoulos. “Obesity and Lipoproteins” in Lipid Metabolism and Health, Moffatt R, Stamford B editors CRC Press, 2006

Theodore J. Angelopoulos, Lahue Dianne, Tung Robert. “Electrocardiography” in ACSM clinical workbook. Lippincot Williams and Wilkins, 2004..

Theodore J. Angelopoulos. “Electrocardiography” in ACSM clinical workbook. Lippincot Williams and Wilkins, 2001.

INVITED SCIENTIFIC PRESENTATIONS (chronologically)

- **Angelopoulos TJ.** Genetic Adaptations to Exercise. **International Conference on Healthy Agriculture, Healthy Nutrition and Healthy people. Olympia Greece October 6, 2010**
- **Angelopoulos TJ.** High Fructose Corn Syrup: Controversies and Common Sense, **Café Scientifique, December 2 2009, Orlando FL**
- **Angelopoulos TJ.** Genetics; Implication for Exercise and Health. **Democritus University of Thrace, January 7, 2008, Komotini Greece**
- **Angelopoulos TJ.** Effect of HFCS ingestion on appetite and blood sugar levels in women. **Gatorade Sports Science Institute, April 10, 2007, Chicago IL**
- **Angelopoulos TJ and Rippe JM:** The impact of Lifestyle in pharmacological management of Stage 1 hypertension. **Novartis March 22, 2007 East Hanover NJ,**
- **Angelopoulos TJ.** Lifestyle management of Dyslipidemias: Gene Environment Interactions **Democritus University of Thrace, January 15, 2007 Komotini Greece**
- **Angelopoulos TJ.** ApoE genotype. Potential Implications for Health, Nutrition and Fitness. **International Congress on Health and Nutrition, Nov30-Dec 2, 2006 Shanghai China**
- **Angelopoulos TJ.** Effects of High Fructose Corn Syrup (HFCS-55) on serum leptin, insulin and ghrelin. **Pepsi Co Blue Ribbon Advisory Panel October 25, 2006 Rye, New York**
- **Angelopoulos TJ.** Weight Management through Lifestyle Interventions: What to Expect **Annual Meeting of the Florida Medical Fitness Association, May 12, 2006, Orlando FL**
- **Angelopoulos TJ.** Prevention and Treatment of Obesity through Lifestyle Modification; Evidence from Clinical Trials. **11th Annual Meeting of the Medical Fitness Association, Nov 30-Dec 2, 2005 Orlando, FL**
- **Angelopoulos TJ.** Anabolic Effects of Growth Hormone and Nutrition Supplements. 2003 **Florida NSCA State Clinic October 25, 2003 RDV Sportsplex Athletic Club, Orlando, FL**
- **Angelopoulos T.J.** Exercise and HDL-c Metabolism: The Evidence. **Sports Medicine Conference University Estacio De Sa , May 9, 2000 Rio De Janeiro Brazil.**
- **Angelopoulos T.J.** The anabolic Effects of Human Growth Hormone. **Sports Medicine Conference University Estacio De Sa , November 20 , 1999 Rio De Janeiro Brazil.**
- **Angelopoulos T.J, Thompson WR., Benardot D.,** Ergogenic Aids and Sports. **Round Table Discussion Sports Medicine Conference University Estacio De Sa , November 20 , 1999 Rio De Janeiro Brazil.**

- **Angelopoulos TJ, Fatouros I, Tokmakidis S, Mitrakou M.** Exercise and Diabetes . **Round Table Discussion. University of Thrace, Komotini, Greece November 8th, 1998**
- **Angelopoulos TJ.** Exercise, Diabetes and Obesity. University of Thrace, **Komotini, Greece November 7th, 1998.**
- **Angelopoulos T.J.** Hormonal Adaptations to Exercise. **University of Thrace. Komotini Greece May 20, 1998.**
- **Angelopoulos T.J.** **Obesity, Diabetes and Exercise: Prevention and Rehabilitation. Sixth International Congress on Physical Education and Sport. Komotini Greece, May 22-24, 1998**
- **Angelopoulos T.J.** Exercise and Lipid metabolism. **Symposium of the Hellenic Diabetes Association. Athens, Greece, March 13-14, 1998**
- **Angelopoulos T.J.** Regulation of Glucose Metabolism During Exercise. Symposium on Muscle Biochemistry and Biology. **XXVth FIMS World Congress of Sports Medicine, Athens, Greece September 10-16, 1994**
- **Angelopoulos TJ, Yarasheski KE, Seip RL, Bier DM, Cole TG.** Effect of Growth Hormone (HGH) administration on plasma lipoproteins in elderly adults. **Presented at the SERONO meeting: Growth hormone II, Basic & Clinical Aspects December 3-6, 1992, in Tarpon Springs Florida.**

RESEARCH GRANTS

Consulting Services in Research and Clinical Applications. Rippe Health assessment and Rippe Lifestyle Institute \$ 272,500.00, 2002-2009 Funded **Role : PI**

Lifestyle Interventions for Obesity and Metabolic syndrome. **Rippe Lifestyle Institute** 01/12/2008-12/31/2009. Funded \$100,000.00 **Role:PI**

A pilot study to evaluate the Revised Method of Assigning Points Value to Food for the Benefit of Weight Management. **Funded Weight Watchers International** \$ 67,000.00 01/01/2008-8/31/2009 **Role :PI**

Home vs Center-Based weight loss & exercise in Menopause . **NIH 1 R01 NR#07738 Funded** \$ 2,257,642.00, 2003-2008 **Role: Co-PI** (PI : K.Dennis)

Functional SNP's associated with human muscle size and strength. **NIH R01 AR # 46552-01 \$365,000.00** 2001-2005 Funded **Role: PI at UCF Multi-Center Trial .**

Apo B kinetics pre and post training in elderly adults. **NIH 1 R15 AG #13767-01A1** Funded \$108,750.00, 1998-2001. **Role: PI**

EDITORIAL

Associate Editor: American Journal of Lifestyle Medicine

Review Board: The Journal of Applied Research in Clinical Experimental Therapeutics
Journal of Endocrinology and Metabolism
The Open Public Health Journal

Reviewer

Journal of Applied Physiology
Nutrition and Metabolism
American Journal of Clinical Nutrition
Medicine and Science in Sports and Exercise
International Journal of Sports Medicine
Diabetes

