

**Cluttering:**  
**Assessment and Treatment**

**The University of Central Florida**  
**Department of Communication**  
**Sciences and Disorders**

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**The University of Central Florida**  
**Chapter of the National Student**  
**Speech-Language**  
**and Hearing Association**  
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**The 8th Biennial**  
**Gene J. Brutton**  
**Symposium on Fluency**

**Friday, February 24, 2012**

**University of Central Florida,**  
**Orlando, Florida**  
**Student Union, Room 218**  
**Key West Ballroom**

**Course Faculty**  
**Florence Myers, Ph.D, CCC-SLP**  
**Professor**

The Gene J. Brutton Fluency Symposium, which is held biennially, is designed to bring the most current information about various disorders of fluency to clinicians and students in speech-language pathology. The symposium honors Dr. Brutton, a former professor in the UCF Department of Communication Sciences and Disorders, Research Professor Emeritus at Southern Illinois University, and an ASHA Fellow and Honoree.

This year's presenter is Dr. Florence Myers, professor at Adelphi University. Dr. Myers, an ASHA Fellow and Board Recognized Fluency Specialist, will bring attention to the assessment of cluttering and to treatment that is specific to this form of disordered fluency. Dr. Myers did her master's work and completed her doctorate at Penn State University. Her main contributions have focused on the field of fluency disorders, most notably in recent years in the area of cluttering. She has authored or co-authored over 40 publications (books, edited chapters in books, and peer-reviewed articles) dealing with the nature and treatment of fluency disorders; and over 70 peer-reviewed presentations at national and international conferences. She was a Fulbright Specialist at Hong Kong University in January 2011 and was an invited keynote speaker in May 2011 at the 9th World Congress of the International Stuttering Association in Buenos Aires, Argentina; and was subsequently invited to present monthly live teleconferenced seminars to students/faculty and clinicians at the University of Buenos Aires. The Stuttering Foundation of America invited her to co-produce (with Kenneth O. St. Louis of West Virginia University) the dvd *Cluttering*, the most widely-used and internationally distributed video in academic and clinical settings related to this multidimensional and complex disorder. Dr. Myers co-organized the First World Congress on Cluttering in Bulgaria. It was at this conference, held in 2007, that the International Cluttering Association (ICA) was formed.

**Abstract**

Cluttering continues to be a relatively enigmatic disorder. It is a complex and multidimensional disorder that influences many facets of communication. The purpose of this symposium is to provide information about the nature and clinical management of cluttering. While we have not arrived at a universally accepted definition of cluttering, we will discuss several perspectives on how best to capture the essence of cluttering.

Discussion related to the nature of cluttering will pivot around several constructs, that cluttering:

- is a multidimensional disorder that encompasses various aspects of speech and language production
- is heavily influenced by a speech rate faster than one's capacity to encode one's thoughts
- reflects a degree of dissynergy and dissynchrony among the various facets of speech and language
- often co-occurs with other disorders

Particular emphasis will be placed on the assessment--including the differential diagnosis of stuttering and cluttering--and treatment of cluttering. An assessment protocol will be presented. Treatment principles will be outlined and multiple therapy goals and activities will be discussed and illustrated. The workshop will include audio and video samples of cluttered speech. Additionally, audience members will participate in several 'hands-on' assessment and therapy activities to enhance learning.

**Learner outcomes**

- a. attendees will be able to cite five key symptoms of cluttering
- b. attendees will be able to cite three characteristics that differentiate stuttering from cluttering
- c. attendees will cite eight dimensions of speech and language that need to be assessed to determine cluttering severity
- d. attendees will be able to cite three principles of therapy and provide examples of therapy activities that support these principles

**Symposium Schedule**

7:15-8:15	Registration
8:15-8:30	Introduction of the Speaker
8:30-10:00	The Nature of Cluttering <ul style="list-style-type: none"><li>•clip of P's speech: audience's initial reactions to cluttered speech</li><li>•historical perspective</li><li>•constructs and theories</li><li>•definitions of cluttering</li><li>•what we have learned from PWC</li><li>•clip of E's speech from SFA dvd audience's critical reactions to cluttered speech</li></ul>
10:00-10:15	BREAK
10:15-11:45	Assessment of Cluttering <ul style="list-style-type: none"><li>•principles that apply to fluency disorders in general</li><li>•principles that are unique to the assessment of cluttering</li><li>•differential diagnosis of stuttering and cluttering</li><li>•protocol of diagnostic procedures</li><li>•specific symptoms to assess</li><li>•Cluttering Severity Instrument</li><li>•different clinical profiles obtained from the CSI</li></ul>
11:45-12	Wrap-up of morning session with questions-and-answers based on the am session
12-1	LUNCH
1-3:30	Treatment of Cluttering: Principles, Goals and Therapy Activities
2:30-2:45	BREAK
3:30-4:00	Looking to the future <ul style="list-style-type: none"><li>•What research questions to ask for a better understanding of cluttering?</li><li>•An invitation to join the International Cluttering Association</li></ul>
4:00-4:15	Wrap-up of the afternoon session with questions-and-answers from the pm session

\* Attendees who do not seek ASHA CEUs are allowed to attend a half-day session for half price.

**Registration**  
Make checks payable to: NSSLHA at UCF  
Please return this form with your payment

### Symposium Overview

The University of Central Florida Department of Communication Sciences and Disorders in collaboration with the UCF Chapter of NSSLHA and the Student Government Association proudly presents the Gene J. Bruten Symposium on Fluency. This clinical symposium is intended for clinicians, students, researchers, and interested individuals who wish to learn more about the diagnosis and treatment of stuttering in children and adults. The symposium provides access for clinicians to gain continuing education credits in the area of fluency. The main goal of the symposium is to broaden the knowledge of clinicians who work or will work with dysfluent children and adults in order to facilitate valid, reliable, and effective diagnosis and treatment

#### COURSE CREDITS

The University of Central Florida, Department of Communication Sciences and Disorders is approved by the Continuing Education Board of the American Speech-Language Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology.

This program is offered for 0.6 CEUs (intermediate level: professional area). ASHA CE Provider approval does not imply endorsement of course content, specific products, or clinical procedures.



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(Check One)

- Clinician  
 Researcher/Professor  
 Student  
 NSSLHA member  
 UCF NSSLHA Member

#### For Student Certification

University or College: \_\_\_\_\_

Bring student ID  
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**Parking Information \$5.00 per day**  
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[www.parking.ucf.edu](http://www.parking.ucf.edu)

**Dining Services**  
[www.studentunion.ucf.edu/services](http://www.studentunion.ucf.edu/services)

#### **Registration Postmarked Prior to February 1, 2012:**

\$130.00 Clinicians and Researchers  
Add \$20.00 for CEU's (Total \$150.00)  
\$25.00 Students

Free to UCF students with completed registration form.

#### **Onsite Registration:**

\$150.00 Clinicians and Researchers  
Add \$20.00 for CEU's (Total \$170.00)  
\$30.00 Students

#### **All Funds in US Dollars Payable to UCF NSSLHA**

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You will receive email confirmation upon receipt of your registration.  
Refund Policy: The University reserves the right to cancel any program with full refund. Cancellation requests received from registrants in writing by the Department of Communication Sciences & Disorders, prior to the symposium date, will be subject to an administrative fee of \$25.00. **THERE WILL BE NO REFUND AFTER THIS DATE.** If a cancellation request is not received prior to the symposium, the registrant is liable for the entire fee.